

Publication List Dr. Clara Kühner (née Eichberger)

Peer-Reviewed Publications

- Kühner, C., Rudolph, C. W., Derks, D., Posch, M., & Zacher, H. (2023). Technology-assisted supplemental work: A meta-analysis. *Journal of Vocational Behavior*, 103861. <https://doi.org/10.1016/j.jvb.2023.103861>
- Eichberger, C., Derks, D., & Zacher, H. (2022). A daily diary study on technology-assisted supplemental work, unfinished tasks, and sleep: The role of problem-solving pondering. *International Journal of Stress Management*, 29(1), 61-74. <https://doi.org/10.1037/str0000237>
- Eichberger, C., & Zacher, H. (2021). Toward definitional clarity of technology-assisted supplemental work: A bridge over muddied waters. *Industrial and Organizational Psychology* 14(3), 428-431. <https://doi.org/10.1017/iop.2021.82>.
- Eichberger, C., Derks, D., & Zacher, H. (2021). Technology-assisted supplemental work, psychological detachment, and employee well-being: A daily diary study. *German Journal of Human Resource Management*, 35(2), 199-223. <https://doi.org/10.1177/2397002220968188>
- Weber, B. & Eichberger, C. (2015). The benefits of haptic feedback in telesurgery and other teleoperation systems: A meta-analysis. In M. Antona & C. Stephanidis (Eds.), *Universal Access in Human-Computer Interaction* (pp. 394-405). Springer International Publishing.

Other Publications & Reports

- Kühner, C. & Goodwin, B. (2023). Evaluationsbericht zur Veranstaltung "Soziale Kipp- Interventionen und Wissenschaftskommunikation". München: Munich Science Communication Lab. <https://epub.ub.uni-muenchen.de/94738/>
- Eichberger, C. (2021, May 18). *Auswirkungen von Arbeit nach Dienstschluss - Zum gesunden Umgang mit ständiger Erreichbarkeit*. Wissenspool Zentrum digitale Arbeit. <https://www.zentrum-digitale-arbeit.de/wissenspool/gute-arbeit-und-beteiligung/gute-arbeit/technology-assisted-supplemental-work>
- Eichberger, C. (2021). Arbeit nach Feierabend. Ausmaß und Mindset bestimmen den Effekt von Always on. *OrganisationsEntwicklung*, 2021(2), 96-97.

Conference Contributions

- Kühner, C. Technology-Assisted Supplemental Work: A Meta-Analysis. *14. Saxon Colloquium for PhD Students of Work and Organizational Psychology*, Dresden, Germany, July 15th – 26th, 2022.
- Eichberger, C., Derks, D., & Zacher, H. A daily diary study on technology-assisted supplemental work, unfinished tasks and sleep: the moderating role of problem-solving pondering. *15th European Academy of Occupational Health Psychology Conference*, Bordeaux, France, July 6th – 8th, 2022.
- Eichberger, C., Derks, D., & Zacher, H. Technologie-gestützte Arbeit nach Feierabend und Wohlbefinden: Ergebnisse einer Tagebuchstudie. *12. Conference of Section for Industrial and Organizational Psychology of the German Psychological Society*, Chemnitz, Germany, September 22nd – 24th, 2021.
- Eichberger, C., Derks, D., & Zacher, H. A daily diary study on technology-assisted supplemental work, psychological detachment, and well-being – The mediating role of cognitive coping. *15. International Conference on Occupational Health Psychology*, Rome, Italy, August 23rd – 24th, 2021.
- Eichberger, C. Antecedents and outcomes of supplemental work: Study concept of a meta-analysis. *13. Saxon Colloquium for PhD Students of Work and Organizational Psychology*, Leipzig, Germany, July 23rd – 24th, 2021.
- Eichberger, C. A Meta-analysis of antecedents and outcomes of supplemental work: Study design and methods. *Leipzig Colloquium for PhD Students of Work and Organizational Psychology*, Leipzig, Germany, February 19th – 20th, 2021.
- Eichberger, C. Investigating relationships of technology-assisted supplemental work, unfinished tasks, sleep, and problem-solving pondering. *Social Science Poster Night, Competence Center for Quantitative Empirical Social Research (QuanteL)*, Leipzig, Germany, December 3rd, 2020.
- Eichberger, C. (2020, July 17-18). Technology-assisted supplemental work, unfinished tasks, and sleep: the moderating role of problem-solving pondering. *12. Saxon Colloquium for PhD Students of Work and Organizational Psychology*, Leipzig, Germany, July 17th – 18th, 2020.

Eichberger, C. Technology-assisted supplemental work & employee well-being. *Leipzig Colloquium for PhD Students of Work and Organizational Psychology*, Leipzig, Germany, November 25th – 26th, 2019.

Eichberger, C. Evening technology-assisted supplemental work and employee well-being: the mediating role of work ruminations. *11. Saxon Colloquium for PhD Students of Work and Organizational Psychology*, Dresden, Germany, July 5th – 6th, 2019.

Eichberger, C. & Arendt, J. F. W. Achtsamkeit und Führung: Wie wirkt sich Achtsamkeitspraxis auf Führungskräfte aus? *12th Convention of the Austrian Society for Psychology*, Innsbruck, Austria, March 31st – April 2nd, 2016.

Talks & Workshops

Kühner, C. Psychologie der Klimakrise: Warum handeln wir eigentlich nicht? Protect the Planet gGmbH, Münchner Zukunftssalon, Munich, Germany, April 3rd, 2023. [Dr. rer. nat. Clara Kühner \(LMU München\): „Psychologie der Klimakrise: Warum handeln wir eigentlich nicht?“ - Protect the Planet \(protect-the-planet.de\)](#)

Kühner, C. Warum handeln wir nicht in der Klimakrise? Klimapsychologische Phänomene. KAB Bildungswerk Bamberg, Bamberg, Germany, March 29th, 2023.

Kühner, C. Warum handeln wir nicht in der Klimakrise? Klimapsychologische Phänomene. Architekturbüro allmannwappner GmbH, Munich, Germany, January 16th, 2023

Kühner, C. Klimaangst im Klassenzimmer – zum Umgang mit klimapsychologischen Phänomenen. *Klimawandel – Herausforderungen für Politik und Gesellschaft*, Akademie für politische Bildung, Tutzing, Germany, December 16th, 2023.

Kühner, C. Warum handeln wir nicht in der Klimakrise? Klimapsychologische Phänomene. Volkshochschule München, Munich, Germany, October 26th, 2022.

Kühner, C. Why don't we act in times of planetary crisis? Explaining cognitive action barriers from a climate psychology perspective. *MSCL Colloquium*, Munich Science Communication Lab, Ludwig-Maximilians Universität München, Germany, October 18th, 2022. [MSCL Colloquium Clara Kühner - YouTube](#)

Kühner, C. Wut, Angst & Co. Zum Umgang mit Klimagefühlen. *Workshop FÖJ Abschlusswoche*. Landesszentrale für politische Bildung Baden-Württemberg, Rot an der Rot, Germany, July 27th, 2022

Eichberger, C. Über die Klimakrise sprechen - Tipps für schwierige Gespräche. *Guest Lecture for WWF „KlimaFit“*, Volkshochschule Starnberg, Starnberg, Germany, May 4th, 2022.

Eichberger, C. Digitalisierte Arbeitswelt: Die Effekte von „Always on“ und der Umgang mit entgrenzter Arbeitszeit. *Zukunft der Arbeit (Teil 1)*, Akademie für politische Bildung, Tutzing, Germany, April 9th, 2022.

Eichberger, C. Klimakrise und psychische Gesundheit – Zeit zu handeln. Grüne Jugend Freising, Germany, March 29th, 2022.

Eichberger, C. Klimaangst im Klassenzimmer – zum Umgang mit klimapsychologischen Phänomenen. *Klimawandel – Herausforderungen für Politik und Gesellschaft*, Akademie für politische Bildung, Tutzing, Germany, January 26th, 2022.

Reviewer

- International Journal of Stress Management
- Group & Organization Management